

QA Level 3 Award in

Health and Safety in Health and Social Care (RQF)



Course Overview



1 Day
Course



Ofqual
Regulated



Refresher training
recommended every 3 years

The **QA Level 2 Award in Health and Safety in Health and Social Care (RQF)** is ideal for those who work directly with patients or clients in a health and social care setting - such as hospitals, care homes and day-care centres.

This regulated and nationally recognised qualification is specifically designed to develop candidates' awareness of health and safety in a health and social care environment, to help ensure that they are keeping themselves and the people they care for safe.

Over a one-day day period, candidates will cover a variety of topics including the standards for health and safety welfare in a health and social care environment, risk assessments, identifying and controlling hygiene hazards, personal hygiene and more!

What's Covered

- Employers and employees health and safety duties
 - Penalties for non-compliance
 - Training and competence requirements
 - Welfare arrangements
 - Communicating health & safety information
 - Procedures for responding to incidents
 - First aid arrangements
- Risk assessments
 - Principles of risk control hierarchy
 - Five-step process of risk assessment
- Personal hygiene
 - Hand washing
 - Protective clothing and equipment
 - Risks of infectious diseases at work and at home
- How to identify and control hygiene hazards
 - Common hazards in health and social care
 - Contamination
 - Cross-contamination
 - Infection and cross-infection
 - Micro-organisms
 - Controls for common microbiological hazards
- Clean working environment
 - Suitable premises and equipment
 - Cleaning, disinfection, sterilisation and decontamination
 - Storage of cleaning chemicals and cloths
 - Cleaning schedules
 - Procedures for dealing with waste, sharps and spillages

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